



# COVID-19 SAFETY PLAN

|  |                             |
|--|-----------------------------|
| <b>Association/Club</b>                                | Runaway Bay JRLFC           |
| <b>Ground Location</b>                                 | 225 Morala Ave              |
| <b>Club Facility Location</b>                          | Runaway Bay                 |
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| <b>Version</b>   | 1.0                         |
| <b>Nathan Wydmuch is responsible for this document</b> |                             |

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## 1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Runaway Bay JRLFC to support Runaway Bay JRLFC and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the Runaway Bay JRLFC, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at Runaway Bay JRLFC facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

## 2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on Runaway Bay JRLFC's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process Runaway Bay JRLFC must consider and apply all applicable State and Territory Government and local restrictions and regulations. Runaway Bay JRLFC needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

## 3. Responsibilities under this Plan

Runaway Bay JRLFC retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Committee of Runaway Bay JRLFC is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

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Runaway Bay JRLFC expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by Runaway Bay JRLFC
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

## 4. Return to Sport Arrangements

The Plan outlines specific sport requirements that Runaway Bay JRLFC will implement for Level B and Level C of the AIS Framework.

Runaway Bay JRLFC will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

### 4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

### 4.2 Roadmap to a COVIDSafe Australia

Runaway Bay JRLFC will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

|                           |  |  |   |   |                          |
|---------------------------|--|--|---|---|--------------------------|
| <b>AIS Activities</b>     | <b>Level A:</b><br>Training in no more than pairs. Physical distancing required. | <b>Level B:</b><br>Indoor/outdoor activity. Training in small groups up to 20. Physical distancing required. |   | <b>Level C:</b><br>Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.   |                          |
| <b>Roadmap Activities</b> | N/A  | <b>Step 1:</b><br>No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework.         | <b>Step 2:</b><br>Indoor/outdoor sport up to 20 people. Physical distancing (density 4m <sup>2</sup> ). | <b>Step 3:</b><br>Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework. | <b>Further steps TBC</b> |

## **5. Recovery**

When public health officials determine that the outbreak has ended in the local community, Runaway Bay JRLFC will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Runaway Bay JRLFC will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee of Runaway Bay JRLFC will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

# Appendix: Outline of Return to Sport Arrangements

## Part 1 – Sport Operations

| Area                      | Plan Requirements (for activities under AIS Framework Level B)   | Plan Requirements (for activities under AIS Framework Level C)   |
|---------------------------|--|--|
| <b>Approvals</b>          | <p>The club must obtain the following approvals to allow a return to training at Level B:</p> <ul style="list-style-type: none"> <li>• State/Territory Government approval of the resumption of community sport.</li> <li>• Relaxation of public gathering restrictions to enable training to occur.</li> <li>• Local government/venue owner approval to training at venue, if required.</li> <li>• National/state sporting body/local association approval of return to training for community sport.</li> <li>• Club committee has approved return to training for club.</li> <li>• Insurance arrangements confirmed to cover training.</li> </ul>   | <p>The club must obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> <li>• Relaxation of public gathering restrictions to enable training to occur.</li> <li>• Local government/venue owner approval to training/competition at venue, if required.</li> <li>• National/state sporting body/local association approval to return to training/competition for community sport.</li> <li>• Club committee has approved return to competition for club.</li> <li>• Insurance arrangements confirmed to cover competition.</li> </ul>  |
| <b>Training Processes</b> | <ul style="list-style-type: none"> <li>• Runaway Bay JRLFC emphasises the principle of “Get in, train, get out” – arrive ready to train.</li> <li>• Runaway Bay JRLFC have scheduled training sessions to reduce overlap. See Appendix Training Schedule</li> <li>• The nature of training permitted during Level B is. Non-contact skills-based activities including kicking, passing, catching etc. NO Tackling/wrestling</li> <li>• No contact including high fives/hand shaking, no socialising or group meals</li> <li>• Defined training areas have been established for each training group, maintaining base density requirement of 4 square metres per person and physical distancing (&gt;1.5 metres).</li> <li>• Sanitising of all equipment used by a team remains the responsibility of the teams coaching staff.</li> <li>• Equipment shall not be shared between teams without sanitisation</li> <li>• No sharing of personal equipment.</li> </ul> | <p>Runaway Bay JRLFC adopts the below approach</p> <ul style="list-style-type: none"> <li>• AIS Framework principles – full sporting activity that can be conducted in groups of any size (subject to COVIDSafe Roadmap) including full contact.</li> <li>• For larger team sports, consider maintaining some small group separation at training.</li> <li>• Limit unnecessary social gatherings.</li> <li>• Clearly outline nature of training permitted.</li> <li>• Access to treatment from support staff.</li> <li>• Sanitising requirements continue from Level B.</li> <li>• Treatment of shared equipment continues from Level B.</li> <li>• Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing).</li> <li>• Training/playing attendance register kept.</li> </ul> |

|                        |  |   |
|------------------------|--|---|
|                        | <ul style="list-style-type: none"> <li>• Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing).</li> <li>• Training attendance register kept].</li> </ul>   |   |
| <b>Personal health</b> | <p>Runaway Bay JRLFC shall</p> <ul style="list-style-type: none"> <li>• Provide a graded return to sport to avoid injury.</li> <li>• Provide advice to players, coaches, volunteers to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness).</li> <li>• Advise its members to wash hands prior to, during and after training and use of hand sanitiser where available.</li> <li>• Advise its members to avoid physical greetings (i.e. hand shaking, high fives etc.).</li> <li>• Advise its members to avoid coughing, clearing nose, spitting etc.</li> <li>• Ensure teams launder own training uniform and wash personal equipment.</li> </ul>  | <ul style="list-style-type: none"> <li>• Requirements continue from Level B.</li> </ul>   |
| <b>Hygiene</b>         | <p>Runaway Bay JRLFC shall provide</p> <ul style="list-style-type: none"> <li>• Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club.</li> <li>• Guidelines for sanitisation and cleaning, including requirements for sanitisation stations.</li> </ul>  | <ul style="list-style-type: none"> <li>• Hygiene and cleaning measures to continue from Level B.</li> </ul>   |
| <b>Communications</b>  | <p>Runaway Bay JRLFC shall communicate via social media and through its appointed coaches, to players, coaches, members, volunteers and families,</p> <ul style="list-style-type: none"> <li>• How club will brief players, coaches and volunteers on return to training protocols including hygiene protocols via social media and through the appointed coaches</li> <li>• Endorsement of government COVID Safe app and encouragement to players, coaches, members, volunteers and families to download and use app.</li> <li>• How Club will promote good personal hygiene practices in and around training sessions and in Club facilities.</li> <li>• How individuals can access mental health and wellbeing counselling services.</li> </ul> | <p>Runaway Bay JRLFC shall communicate via social media and through its appointed coaches, to players, coaches, members, volunteers and families,</p> <ul style="list-style-type: none"> <li>• How club will brief players, coaches and volunteers on return to training protocols including hygiene protocols via social media and through the appointed coaches</li> <li>• Continued endorsement of government COVID Safe app and encouragement to players, coaches, members, volunteers and families to download and use app.</li> <li>• How individuals can access mental health and wellbeing counselling services.</li> </ul> |

## Part 2 – Facility Operations

| Area                   | Plan Requirements (for activities under AIS Framework Level B)  | Plan Requirements (for activities under AIS Framework Level C)   |
|------------------------|---|--|
| <b>Approvals</b>       | <p>The club must obtain the following approvals to allow use of club facilities at Level B:</p> <ul style="list-style-type: none"> <li>• State/Territory Government approval of the resumption of facility operations.</li> <li>• Local government/venue owner approval to use of facility, if required.</li> <li>• Club committee has approved plan for use of club facilities.</li> <li>• Insurance arrangements confirmed to cover facility usage.</li> </ul>  | <p>The club must obtain the following approvals to allow use of club facilities at Level C:</p> <ul style="list-style-type: none"> <li>• State/Territory Government approval of the resumption of facility operations.</li> <li>• Local government has given approval to use of facility, if required.</li> <li>• Club committee has approved plan for use of club facilities.</li> <li>• Insurance arrangements confirmed to cover facility usage.</li> </ul>   |
| <b>Facilities</b>      | <ul style="list-style-type: none"> <li>• During Level B restrictions dressing sheds shall remain closed</li> <li>• Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions shall be made available to its members upon request</li> </ul>   | <ul style="list-style-type: none"> <li>• Return to full use of Club facilities.</li> <li>• Hygiene and cleaning protocols measures as per Level B.</li> <li>• Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions as per Level B.</li> </ul>   |
| <b>Facility access</b> | <p>Players shall meet at the assigned designated area for their team.</p> <ul style="list-style-type: none"> <li>• An attendance register shall be completed prior to taking the training field</li> <li>• A script will be read in relation to players current health status</li> <li>• Restrictions on facility access to limit anyone who has: <ul style="list-style-type: none"> <li>– COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days.</li> <li>– Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions).</li> <li>– Travelled internationally in the previous 14 days.</li> </ul> </li> <li>• Only essential participants shall attend training. Parents may attend training in accordance with the maximum people permitted into the</li> </ul> | <ul style="list-style-type: none"> <li>• Continue Level B protocols as appropriate.</li> <li>• Only essential participants shall attend training. Parents may attend training in accordance with the maximum people permitted into the venue. Runaway Bay JRLFC may elect to deny entry to the venue to ensure compliance with this plan</li> <li>• Any spectators should observe physical distancing requirements (&gt;1.5 metres) and density requirements (one person per 4 square metres).</li> <li>• Managed access including separate entry/exit points, managed traffic flows, stagger arrival/departure times.</li> <li>• Non-essential personnel to be discouraged from entering change rooms.</li> <li>• Physical distancing protocols including use of zones in clubrooms, change rooms, canteen including by use of physical zone indicators.</li> <li>• Canteen operations to include food and cash handling protocols, hygiene and cleaning measures and established zones.</li> </ul> |

|  |   |   |
|--|---|---|
|  | <p>venue. Runaway Bay JRLFC may elect to deny entry to the venue to ensure compliance with this plan</p> <ul style="list-style-type: none"> <li>• Any spectators should observe physical distancing requirements (&gt;1.5 metres).</li> <li>• Detailed attendance registers to be kept.</li> </ul>  | <ul style="list-style-type: none"> <li>• General advice on physical distancing in club facilities including discouraging face to face meetings where possible, restricting site visitors, deferring or splitting up large meetings.</li> <li>• Detailed attendance registers to be kept.</li> </ul> |
| <b>Hygiene</b>                           | <ul style="list-style-type: none"> <li>• Safe hygiene protocols distributed by national/state sporting body or local association will be adopted by club including: <ul style="list-style-type: none"> <li>– Availability of hand sanitiser at entry/exit points to venue and elsewhere.</li> <li>– Protocols for sanitising stations, sanitising shared equipment, uniforms.</li> <li>– Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces.</li> <li>– Displaying posters outlining relevant personal hygiene guidance.</li> <li>– Avoiding shared use of equipment.</li> <li>– Provide suitable rubbish bins with regular waste disposal.</li> <li>– Guidelines for sanitisation and cleaning of Club facilities.</li> </ul> </li> </ul> | <p><b>Runaway Bay JRLFC will ensure:</b></p> <ul style="list-style-type: none"> <li>• Continue hygiene and cleaning measures as per Level B.</li> </ul>   |
| <b>Management of unwell participants</b> | <p><b>Runaway Bay JRLFC will ensure:</b></p> <ul style="list-style-type: none"> <li>• Isolation/medical requirements for all players, members, volunteers and their families at the onset of any symptoms including club facilities that can be used to manage symptomatic participants.</li> <li>• Training of volunteers/club management on treatment of symptomatic participants and disinfecting of facilities used by such participants.</li> <li>• Notification protocols for notifying public health authorities and other attendees of symptomatic participants.</li> </ul>   | <p><b>Runaway Bay JRLFC will ensure:</b></p> <ul style="list-style-type: none"> <li>• Measures as per Level B.</li> </ul>   |
| <b>Club responsibilities</b>             | <p><b>The club will oversee:</b></p> <ul style="list-style-type: none"> <li>• Provision and conduct of hygiene protocols as per the Plan.</li> <li>• The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance.</li> <li>• Coordination of Level B field and training operations.</li> <li>• Operation of the club's facilities in support of all Level B training activities in accordance with this Plan.</li> </ul>  | <p>As per Level B.</p>  |

## Part 3 – Training Schedule

|                  | Monday   | Field  |  | Tuesday     | Field  |  | Wednesday | Field  |  | Thursday    | Field  |  | Friday    | Field  |
|------------------|----------|--------|--|-------------|--------|--|-----------|--------|--|-------------|--------|--|-----------|--------|
| <b>4:30-5:20</b> | U6 White | 1      |  | U9 Red      | 1      |  | U8 White  | 1      |  | U13 Div 1   | 1      |  | U14 Div 1 | 1      |
|                  | U6 Gulls | 2      |  | U9 Blue     | 2      |  | U8 Gulls  | 2      |  | U13 Div 2   | 2      |  | U14 Div 2 | 2      |
|                  | U6 Red   | Mini 1 |  | U9 White    | Mini 1 |  | U8 Red    | Mini 1 |  | U13 Div 3   | Mini 1 |  | U7 Red    | Mini 1 |
|                  | U6 Blue  | Mini 2 |  | U9 Gulls    | Mini 2 |  | U8 Blue   | Mini 2 |  |             |        |  | U7 Blue   | Mini 2 |
|                  |          |        |  |             |        |  |           |        |  |             |        |  |           |        |
| <b>5:30-6:20</b> | U16      | 1      |  | U11 Red     | 2      |  | U10 Red   | 1      |  | U18         | 2      |  | U15 Div 1 | 2      |
|                  | U12 Red  | 2      |  | U11 White   | Mini   |  | U10 Blue  | 2      |  |             |        |  | U15 Div 2 | Mini   |
|                  | U12 Blue | 2      |  | Seniors 6pm | 1      |  | U10 White | Mini 1 |  | Seniors 6pm | 1      |  | U7 White  | Mini 1 |
|                  | U11 Blue | Mini   |  |             |        |  | U10 Gulls | Mini 2 |  |             |        |  | U7 Gulls  | Mini 2 |