



## FACT SHEET

### SPORTING TEAM INFECTION CONTROL PROTOCOL

- Team members must shower immediately following participation in Sport using a medicated soap if possible.
- This is particularly essential prior to the use of ice / communal baths.
- Towels used in Massage or for drying skin should not be shared.
- Any wounds should be immediately cleaned, disinfected and covered.
- A Medical Professional (Doctor) should be consulted immediately if a wound shows signs of infection (redness, pain, swelling)
- All products/ aids used in the cleaning of wounds should be disposed of immediately
- Any person cleaning wounds should protect themselves by wearing gloves and washing hands immediately
- Notify your Club's Medical Officer if you have any skin infection to obtain a clearance to participate.
- Cover any broken skin (Cuts, abrasions, infections) prior to playing or training.

**Recent floods have inundated many playing fields with contaminated water which may increase the risk of infection. Adherence to Infection control protocols is especially important when playing on surfaces that have recently been exposed to flood waters, even if they now appear clean.**



For more information on  
*Control of risk of disease during storms, floods and other natural disasters*  
visit <http://www.health.qld.gov.au>